

Living as a Scientist-Practitioner: How to Conduct Research in Your Clinical Practice

To be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, Nov 21 – 24, 2019.

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These private practitioners will describe the strategies they use to conduct and publish research in their private practice settings. The presenters will cover the following topics:

- Choosing a good research question
- Integrating science and practice by collecting data in clinical work to guide both the clinical work and to contribute to science
- Integrating digital progress monitoring technology with multiple sources of research data
- Designing and carrying out a single case experimental design
- Informed consent and ethical review of practice-based research projects
- Handling issues of time and money
- Values, interests, and lifestyle decisions
- Collaborating with others

The presenters will begin with 45 minutes of didactics and discussion of these topics, including descriptions of some of their research studies and publications. The panel will then divide into four breakout groups: Implementing digital technology (White), Single case experimental design (Codd), Ethical issues (Osborne), and Choosing a good research question (Persons). Attendees can select one of these breakout groups so they can get focused help for the challenges they confront in their own practice settings.